

# **Nutmeg Volleyball Camps**

Thank you for registering for the 2010 Nutmeg Volleyball Camps at Loomis Chaffee School.

We hope that this will be a memorable and exciting experience for you. The information in this packet is very important, so please read it thoroughly, fill out the enclosed forms, and feel free to call or email with any questions.

Your remaining balance is due on the first day of camp at registration.

## **Registration:**

Session A: Check in is on Sunday, July 11<sup>th</sup> (9 am – 10 am)

Session B: Check in is on Thursday, July 15<sup>th</sup> (9 am – 10 am)

Once at Loomis Chaffee School, please look for signs that will guide you to the registration table in Olcott Gymnasium. Instruction begins @ 10 am. 1<sup>st</sup> meal will be lunch.

## **Directions:**

Please see enclosed directions.

## **Camp Ends:**

Session A: Camp concludes on Wednesday, July 14<sup>th</sup> at 5 pm in the Olcott Athletic Center

Session B: Camp concludes on Sunday, July 18<sup>th</sup> at 5 pm in the Olcott Athletic Center

Parents are invited to come anytime after 3 pm to watch.

Make sure your child has checked out with the appropriate camp staff.

## **Camp Address and Phone:**

Nutmeg Volleyball Camp at Loomis Chaffee School

4 Batchelder Road

Windsor, CT 06095

Residence Hall Phone: (860) 687-6076

Director Cell phone: (860) 833-4725

Campus Security: (860) 687-6325

## **Transportation:**

We assume that your child's transportation is taken care of unless otherwise notified. If your child needs transportation from Bradley International Airport, or the Hartford Bus/Train station please contact camp director Jeff Dyreson to make arrangements. Please make arrangements 2 weeks prior to the beginning of camp.

**Health Forms:**

The health forms must be completed and brought to camp on the first day. CAMPERS WILL NOT BE ADMITTED WITHOUT THESE FORMS AND THE APPROPRIATE SIGNATURES.

- ✓ Connecticut Health Exam Form
- ✓ Authorization for administering medication
- ✓ Authorization for Self-Medication (per decision of parents and physician)
- ✓ Release of Liability form

**Health & Safety:**

Health services include a physician on call at all times and a certified EMT on staff on campus during camp.

Loomis Chaffee School employs campus security at all times during camp.

Any pool use will have appropriate lifeguards.

PLEASE NOTE THAT ALL MEDICATION WILL BE KEPT WITH THE CAMP FIRST AID DIRECTOR AND ALL PRESCRIPTION MEDICATION MUST HAVE THE ORIGINAL PRESCRIPTION LABEL.

**Roommates and Dorm supervision:**

Campers stay 1, 2, or 3 (no guarantees) per room and are assigned by age and roommate requests. If there isn't a roommate request, the camper may be placed with a roommate.

We try to best accommodate each camper and their requests.

Campers are under constant supervision of coaches/staff that stay in the dorms while camp is in session.

**Room Key Deposit:**

Please bring a check for \$10.00 made payable to Loomis Chaffee School. The check will be returned after the key has been turned in on the last day of camp.

**Spending Money and Cell phones:**

We recommend \$20 spending money for emergencies. In order to save money for snacks, we will collect \$10 from each camper, which will provide a variety of snacks every night (covers 3 nights).

We encourage campers to communicate with family while at camp, but also want campers to spend time getting to know each other. There is a dorm phone, which will be available for campers to use with a phone card. Cell phones are allowed, however we require that each camper check in their cell phone at registration, which can be checked out from camp staff at designated times.

### **Checklist of Items to bring:**

Below is a suggested list of clothing, equipment and personal items. We recommend that you do not send unnecessary clothing, or expensive items such as jewelry, watches, iPods/MP3 players, and expensive cameras.

#### *Volleyball Items:*

- ✓ 10-12 T-shirts
- ✓ 4-6 shorts
- ✓ 1 pair of athletic court shoes, well broken-in
- ✓ 1-2 pairs of knee pads
- ✓ 10-12 pairs of socks
- ✓ water bottle (1 liter size recommended)

#### *Non-Volleyball Items:*

- ✓ Comfortable pants, shirts, and shorts
- ✓ PJs and Bathrobe
- ✓ Underwear and socks
- ✓ Comfortable shoes
- ✓ Bathing Suit
- ✓ Pillow, linens, blanket and or sleeping bag
- ✓ Washcloth, towels and toiletries/personal items
- ✓ Laundry bag
- ✓ Alarm clock

Optional items include a fan, hair dryer, radio (avoid MP3's and iPods as these items are attractive to steal and do not promote socialization with other campers).

### **Payments and Cancellations:**

Full payment of camp fees must be made upon arrival at camp during registration.

Any camp fees that are still outstanding on the start date of camp may prevent the camper from participating.

You acknowledge and agree to assume and be fully responsible for any and all property or other damage to the room or any other facility used at Nutmeg Volleyball Camps at Loomis Chaffee School.

### **Cancellation policy:**

Hopefully, you will not have to cancel, but if you must, please do so as early as possible.

Cancellations after July 1<sup>st</sup> will be charged the \$200 deposit fee with any remainder refunded.

### **Directions to The Loomis Chaffee School:**

The Loomis Chaffee School, located at 4 Batchelder Road in Windsor, Connecticut, is easily accessible by air, train or car. For assistance with directions, please call 860-687-6000.

#### **From Hartford and points south:**

Take exit 36 off I-91 north. Take a right onto Park Avenue (Route 178 east). Proceed to the end of 178 and take a left onto Route 159 north (Windsor Avenue). At the traffic light, make a right onto Batchelder Road and follow signs to Athletic Center.

#### **From Providence:**

Take Route 6 to Route 295 north to Route 6 west to Route 395 south to Route 2 west. Then take I-91 north to exit 36. Take a right onto Park Avenue (Route 178 east). Proceed to the end of 178 and take a left onto Route 159 north (Windsor Avenue). At the traffic light, make a right onto Batchelder Road and follow signs to Athletic Center.

#### **From Springfield and points north:**

Take exit 36 off I-91 south. Take a left onto Park Avenue (Route 178 east). Proceed to the end of 178 and take a left onto Route 159 north (Windsor Avenue). At the traffic light, make a right onto Batchelder Road and follow signs to Athletic Center.

#### **From Storrs/Vernon and points east:**

From I-84 west: Take exit 61, I-291 west. Follow I-291 to I-91 north. Take exit 36 off I-91. Take a right onto Park Avenue (Route 178 east). Proceed to the end of 178 and take a left onto Route 159 north (Windsor Avenue). At the traffic light, make a right onto Batchelder Road and follow signs to Athletic Center.

Dear Parents and Guardians,

Below are the medical clearance requirements for each child to be admitted to camp. It is imperative that each form be filled out correctly and in its entirety. Failure to do so will result in the camper unable to attend camp until all forms are completed correctly.

- **Youth Camp Health Exam/Record form**
  - Signed by physician
  - Within the last 3 years (as of 7/21/2008)
- **Authorization for the Administration of Medication form** for EACH medication your child will be bringing to camp. This includes all medications listed in the medication's section of the Health Exam form AND all non-prescription/over-the-counter medications (Advil, Tylenol, Aleve, Benadryl, etc.)
  - Signed by physician AND parent/guardian
- **Medication Administration Record (MAR) form** for EACH medication that has an Authorization for the Administration of Medication form.
- **Important notes about medications:**
  - \*\*\*All prescription medication (INCLUDING inhalers) MUST have the prescription label on the bottle or the box in which it is contained.\*\*\*
  - All non-prescription medication must have the child's name written on the bottle in permanent marker.
  - Due to state regulations we will collect ALL medications a child may need to take during camp. There is a trained staff member who keeps all medication in a locked bin and distributes the medications as needed for each camper.

Please feel free to contact me if you have any questions or concerns about your child's specific medical needs prior to camp.

Thank you,

Katie Davis, EMT-B  
Nutmeg Volleyball Camp  
Medical Director  
Phone: (860) 841-8100  
E-Mail: davisku@bc.edu

## Authorization for the Administration of Medication

In Connecticut, licensed Camps administering medications to children shall comply with all requirements regarding the Administration of Medications described in the CT State Statutes and Regulations. Parents/guardians requesting medication administration to their child while at camp shall provide the program with appropriate written authorization(s) and the medication before any medications are administered. Medications must be in the original container and labeled with child's name, name of medication, directions for medication's administration, and date of the prescription. All unused medication shall be destroyed if not picked up within one week following the camper's departure at the end of camp.

**Authorized Prescriber's Order** (Physician, Dentist, Physician Assistant, Advanced Practice Registered Nurse):

Name of Child \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Today's Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Medication Name \_\_\_\_\_ Controlled Drug?  YES  NO

Dosage \_\_\_\_\_ Method \_\_\_\_\_ Time of Administration \_\_\_\_\_

Specific Instructions for Medication Administration \_\_\_\_\_

Medication Administration: Start Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Stop Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Is this medication to be self-administered by the child?  Yes  No

Relevant Side Effects of Medication \_\_\_\_\_

Plan of Management for Side Effects \_\_\_\_\_

Known Food or Drug Allergies?  YES  NO Reactions to?  YES  NO Interactions with?  YES  NO

If "yes" to any of the above, please explain \_\_\_\_\_

Prescriber's Name \_\_\_\_\_ Phone Number (\_\_\_\_) \_\_\_\_\_

Prescriber's Address \_\_\_\_\_ Town \_\_\_\_\_

Prescriber's Signature \_\_\_\_\_

### Parent/Guardian Authorization:

I request that medication be administered to my child as described and directed above.

Name of Camp \_\_\_\_\_ Today's Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Child's Name \_\_\_\_\_ Address \_\_\_\_\_ Town \_\_\_\_\_

Name of Parent/Guardian Authorizing Administration of Medication as described and directed above:

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Relationship to Child:  Mother  Father  Guardian/Other explain: \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Phone Number (\_\_\_\_) \_\_\_\_\_

Signature of Parent/Guardian Authorizing Administration of Medication \_\_\_\_\_

Name of Camp Personnel Receiving Written Authorization and Medication \_\_\_\_\_

Title/Position \_\_\_\_\_ Signature (in ink) \_\_\_\_\_

## Medication Administration Record (MAR)

Name of Child \_\_\_\_\_ Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Pharmacy Name \_\_\_\_\_ Prescription Number \_\_\_\_\_

Medication Order \_\_\_\_\_

Date	Time	Dosage	Remarks	Was This Medication Self Administered?	Signature of Person Observing or Administering Medication
				<input type="checkbox"/> Yes <input type="checkbox"/> No	
				<input type="checkbox"/> Yes <input type="checkbox"/> No	
				<input type="checkbox"/> Yes <input type="checkbox"/> No	
				<input type="checkbox"/> Yes <input type="checkbox"/> No	
				<input type="checkbox"/> Yes <input type="checkbox"/> No	
				<input type="checkbox"/> Yes <input type="checkbox"/> No	
				<input type="checkbox"/> Yes <input type="checkbox"/> No	
				<input type="checkbox"/> Yes <input type="checkbox"/> No	
				<input type="checkbox"/> Yes <input type="checkbox"/> No	
				<input type="checkbox"/> Yes <input type="checkbox"/> No	
				<input type="checkbox"/> Yes <input type="checkbox"/> No	
				<input type="checkbox"/> Yes <input type="checkbox"/> No	
				<input type="checkbox"/> Yes <input type="checkbox"/> No	
				<input type="checkbox"/> Yes <input type="checkbox"/> No	

\*Medication authorization form must be used as either a two-sided document or attached first and second page.

- |  |  |
|--|--|
| <input type="checkbox"/> Authorization form is complete      | <input type="checkbox"/> Medication is appropriately labeled |
| <input type="checkbox"/> Medication is in original container | <input type="checkbox"/> Date on label is current            |

Person Accepting Medication (print name) \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**YOUTH CAMP HEALTH EXAM/RECORD  
FOR CAMPERS AND STAFF**

Physical Exams Are Valid For 3 Years  
From Date of Last Examination

- Camper  
 Staff

**Please Return Completed Form to the Camp**

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Phone \_\_\_\_\_  
Guardian \_\_\_\_\_ Address \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Telephone \_\_\_\_\_  
Date of Arrival at Camp: \_\_\_\_\_ Departure Date: \_\_\_\_\_

**TO BE COMPLETED BY THE SPECIFIED MEDICAL PRACTITIONER:**

**Date of Exam** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

\_\_\_\_\_ May participate in all camp activities

\_\_\_\_\_ May participate except for: \_\_\_\_\_

Medical information pertinent to routine care and emergencies: \_\_\_\_\_

Is this individual taking prescription or over the counter medication(s)?  YES  NO If yes, indicate names of medication(s): \_\_\_\_\_

Does the individual have allergies?  YES  NO Explain: \_\_\_\_\_

Is the individual on a special diet?  YES  NO Explain: \_\_\_\_\_

Does the individual have special needs?  YES  NO Explain: \_\_\_\_\_

This camper/staff is up-to-date on all the following routine childhood immunizations currently recommended by the American Academy of Pediatrics and National Advisory Committee on Immunization Practices:

	Yes	No		Yes	No
Measles			Hepatitis B		
Mumps			Diphtheria		
Rubella			Pertussis		
Chickenpox			Pneumococcal conjugate		
Tetanus			Polio		

Comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Print name of medical care provider: \_\_\_\_\_

Medical care provider's address: \_\_\_\_\_

Medical care provider's: City/Town \_\_\_\_\_ ST \_\_\_\_\_ Zip Code \_\_\_\_\_

\_\_\_\_\_  
Signature of Physician, PA, APRN or RN

\_\_\_\_\_  
Date Form Signed

\_\_\_\_\_  
Telephone Number